

# Health and Safety

## including Fire Safety

### **Aims and Objectives:**

- Have gained a general understanding of health and safety
- Understanding the legal framework
- Recognising signs and symbols
- Awareness of accidents, causes and impact
- Identify responsibilities of employees and employers in promoting safe practice
- Describe the five steps to risk assessment
- COSHH safety
- Dealing with hazardous waste
- Knowledge of how a fire can start and spread
- Recognise the importance of having a working smoke alarms or fire detection systems
- Have an understanding of the carers role and responsibilities in the event of a fire occurring
- Identify which extinguisher is appropriate for the different types of fire
- Recognise the importance of pre-planning routes of escape in the event of a fire

**Course duration:** 3 hours

**Assessment methods:** summative assessment

The importance of health and safety training for all staff cannot be underestimated. This training explains legal duties of all staff under the health and safety at work act. This course provides basic knowledge about how to stay safe and healthy at work. This course is both engaging and stimulating to allow the candidate being trained to absorb the information and put into practice. All companies are obliged to ensure that employees receive adequate training in fire safety on a yearly basis.