

Falls Awareness

Aims and Objectives:

- To develop a working knowledge of the causes of falls
- Risk factors for an individual
- To take action to reduce fall risk factors for individuals
- To improve the reporting and analysis of fall events
- To develop an ethos of fall prevention
- To raise awareness of the causes and prevention of falls in older people]

Course Duration: 3 hours

Assessment Criteria: completion of course workbook and written assessment

This course is aimed at care workers within the Health Care sector. The course aims to raise awareness and have a general understanding of the issues associated with Falls. The course will identify symptoms, causes and treatment.