

# Continence Management

## **Aims and Objectives:**

- To gain an awareness of continence and incontinence
- Identify different types of incontinent and some causes
- Recognise the signs and symptoms
- Demonstrate good practice in responding to client's continence difficulties
- To maximise the individuals potential for independence

**Course Duration:** 2 hours

**Assessment Criteria:** Informal Assessment and group tasks

This course will introduce candidates to the issue of incontinence, its causes and treatments.