

# Arthritis Awareness

## Aims and Objectives:

- Have gained a general understanding of arthritis
- Understand how it can affect individuals
- Have an awareness of how joints work
- Define the different types of arthritis
- Identify treatments available

Course duration: 2 hours

Assessment method: group tasks and question and answers

This course aims to increase candidate's awareness of the issues surrounding arthritis and the impact on the individual with arthritis. The course highlights solutions and changes to working practices that can be employed to overcome these difficulties.